

## **Photonix Water-Infused Resin (Px): Athletic Testing**

Conducted at Fitness Addiction

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### **Overview:**

Px imbued resin was coated upon a set of sunglasses. Two separate athletic tests were conducted:

Baseline tests without Px followed by a test replication as the subject wore the Px Resin glasses.

### **Objective:**

Purpose of this study was to compare the effects of "Px Resin technology" (PX) on measures of muscular strength and flexibility.

### **Px**

Px technology, produced contains *encoded electromagnetic patterns* derived from the therapeutic qualities of the orchid oil and orchid roots. Px technology benefits the body by infusing it with these therapeutic qualities via photonic transmission. Px-transmitted photons entrain with the body to re-establish the body's biofield coherency and introduce the orchid electromagnetic patterns throughout the biofield. The enhanced biofield cascades its coherency into the anatomy, beneficially affecting the physiology of the body.

### **Protocol:**

Five healthy men and women (30 - 50 yr) participated in this study. This study was designed as a baseline comparative using athletic testing protocols. It consists of two (2) separate trials (baseline & Px) separated by at least 1 day between each trial. No exercise 24 hours prior to each trial was established and each subject noted their 24 hour diet prior to the baseline trial, and duplicated it during the Px trial.

### **Each subject was measured under one or more of the following tests as a**

#### **Baseline:**

- **Muscle** – Maximum weight lifted in one repetition in at least three of the following tests 1) leg press 2) bench press 3) military press 4) bicep curl 5) triceps extension
- **Flexibility** – With legs unbent, measure the full extension of the fingertips from the ground as the subject bends to touch his/her toes.

### **Conclusion**

- Based on observations of this study, acute administration of "Px" led to increases in muscular strength, and increases in peak power output.
  - Mean power output was greater in the Px group vs baseline.
- Acute administration of "Px" led to increases in flexibility.
  - Mean flexibility measurements were greater in the Px group vs baseline.
- No subject experienced loss of muscular strength or flexibility with Px application while all subjects noted statistically increased results in muscular strength (6% - 12%) and/or flexibility (+.5" to 1.5") when Px is applied.







triceps extension ( $490 \pm 60$  lbs,  $p= 12\%$ ); bench press ( $435 \pm 25$  lbs,  $p= 6\%$ ); military press ( $375 \pm 25$  lbs,  $p= 6\%$ ).

- Within the grouping of subjects with strength improvements; maximum muscular strength increase of **24%, 12%, 8% and 7%**, in triceps extension, military press, bicep curl, and bench press respectively.
- No subject experienced loss of strength from PX application.

### Summation Chart of Flexibility Testing

Baseline/Px comparative	Measure of Increase/decrease
0 to 0	0
.75" to 0	+.75"
2.5" to 2"	+.5"
0 to 0	0
1.5" to 0	+1.5"

- Flexibility limitations may be due to physical blockage such as bone spurs etc. Other considerations for flexibility loss are due to incoherent bio-holographic alignment and functioning. Px substrates are designed to address the latter.
- **60% of test subjects experienced improved flexibility ranging from +.5" to 1.5" with an average improvement of .55".**
- **40% of test subjects maintained full flexibility range.**