

12/09/2009 **Patient's Name** Report Date Patient ID AndChe13111971 Study Date 12/04/2009

Date of Birth 11/13/1971 Thermographer Kathy Markham, CCT Referring Practitioner Patrick Price, DC Reporting Physician Jeanne Stryker MD

## PHYSICIANS INSIGHT COMPARATIVE FULL BODY & BREAST STUDY

## REPORTED HISTORY:

Whiplash and TMJ from car crash in 1992, neck and upper/lower back pain, saline implants, OCP history > 5 years, left shoulder pain. The use of energetic water.

## INTERPRETATION:

## **HEAD AND NECK:**

There is perioral hyperthermia, R>L, which is consistent with dental/periodontal pathology. There is more hyperthermia over the right forehead and less hyperthermia over the left temporal region which can be seen with a history of headaches, allergies or sinus problems. This may be related to trauma history. There are more irregular areas of hyperthermia over the posterior-lateral neck regions, L>R, which appear myofascial and correlate with the reported neck pain.

The thermal findings in the anatomic region of right lobe of the thyroid suggests thyroid dysfunction.

## **CAROTID ARTERIES:**

The region of the right carotid artery shows more linear hyperthermia, which raises the question of inflammation possibly related to elevated CRP levels. Further evaluation maybe warranted, particularly if there is family history of stroke or cardiovascular disease.

## **BREAST:**

There are no thermal asymmetries seen in the breasts. There is a vascular area in the left upper, inner breast near the sternum with a temperature differential of 0.3 degrees C. The slight areas of hyperthermia in the upper quadrants of both breasts do not appear suspicious but should be monitored for change. This study is suitable to be archived and compared with a repeat study in three months to establish a baseline, prior to annual testing. No temperature differential is identified in the nipple region. Lymphatic congestion is identified in the axillae, slightly more intense in the right axillae.

There are irregular areas of hyperthermia involving upper chest, L>R, which are consistent with myofascial dysfunction. These are not reported as regions of concern and may not be clinically significant. There is no thermal evidence of cardiac pathology.

There are no thermal findings suggestive of cardiovascular disease. Note: Lack of thermal findings does not rule out evolving cardiac pathology. An abnormal lipid profile and/or a strong family history may warrant additional studies.

There are irregular areas of hyperthermia over the levators, supraspinatae, infraspinatae, rhomboids and trapezius, R>L, and thoracic spine which is less than prior and consistent with myofascial dysfunction.

Inflammation is identified in the upper abdomen and over the right upper quadrant in the region of the liver which is less than prior study.

## **UPPER EXTREMITIES:**

There is no thermal evidence of brachial plexus or radicular pathology.

There is less asymmetrical hyperthermia over the forearms, which is compatible with myofascial dysfunction and joint inflammation.

The hands are cooler.

## **LOWER EXTREMITIES:**

There is no thermal evidence of radicular pathology.

There is less asymmetrical hyperthermia over the lateral calfs, ankles R>L, which is compatible with myofascial dysfunction and joint inflammation. This is not reported as a region of concern and may not be clinically significant. The area of hyperthermia in the right superior knee is more intense. The palmar aspects of the feet are cooler.

## **RECOMMENDED FOLLOW-UP:**

- 1. Suggest clinical correlation of thermal findings with patient's history and symptoms and standard follow-up breast imaging in three months before continuing with annual comparative studies. Patient may benefit with an MRI,
- ultrasound or mammogram for anatomic imaging prior to follow up thermogram.

  2. In addition to thermal imaging, continue with routine follow-up breast examinations with her physician as indicated
- 3. Recommend ongoing consultation with her physician or qualified health professional regarding dietary, nutritional supplements, hormone balance/testing, urinary estrogen metabolites, genomic testing and lifestyle practices that support breast health.

Thank you for your kind referral,

Jeanne Stryker, MD

Diplomate American Board of Radiology

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12/14/2009 3:13 PM 1 of 8

relay information that is not accurate- for example, colors may be distorted, files may be incomplete. Thermography is an adjunct to mammography and does not replace mammography. A negative thermogram, mammogram and ultrasound do not preclude biopsy based on clinical condition.

## DESCRIPTION OF THE CLINICAL THERMAL IMAGING STUDY

The patient above was examined by digital infrared thermal imaging using a high-resolution thermographic camera specific for clinical applications. Standardized thermography protocols were implemented which are designed to optimize clinical correlation of thermal patterns.

Medical imaging using infrared thermography captures the naturally occurring infrared emissions from the human body. These emissions vary in intensity and distribution over each body region and can be detected as thermal patterns of skin temperature. Advanced digital cameras as used in this study display these patterns as high-resolution color images in which colors represent various temperatures.

The resultant images reflect underlying neurovascular physiology and allow identification of asymmetric, abnormal or suspicious thermal patterns over a specific area or region of interest. Such patterns or changes over time may represent abnormal physiology or function. Thermal analysis of an imaging study allows objective clinical correlation by the physician and contributes to the decision-making process regarding therapy, additional testing and diagnosis.

## **Breast Thermography**

Likewise, breast thermography is an adjunctive physiological assessment that is achieved by creating each person's unique baseline pattern via an initial and recommended three month follow-up test to assess thermal stability. Once established, monitoring thermal stability is achieved by comparison to this baseline at any time in the future.

Such monitoring affords detection of even subtle thermal changes that, although not diagnostic, may precede anatomical findings by years and prompt early investigation and prevention. Thereby, breast imaging can be integrated as indicated with diagnostic anatomical tests such as ultrasound and mammography. Close follow-up and clinical correlation of thermal findings by the patient's physician is always recommended.

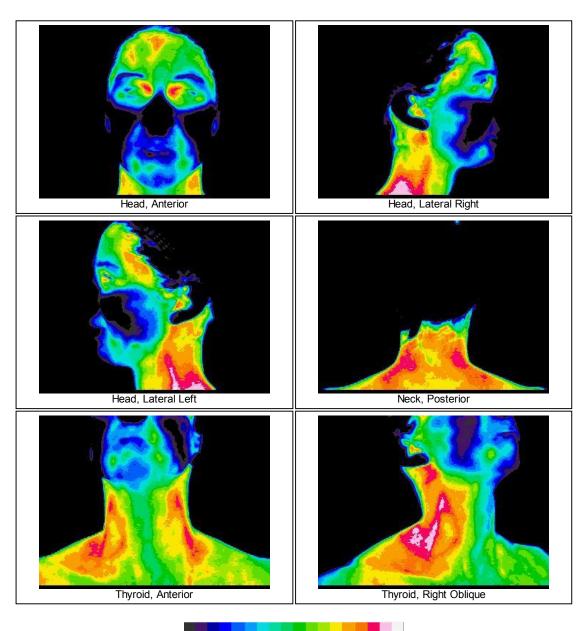
### Study Outcome

This study provides adjunctive clinical information and recommendations based solely upon the images and patient information provided, to support the patient's physician in medical evaluation and management.



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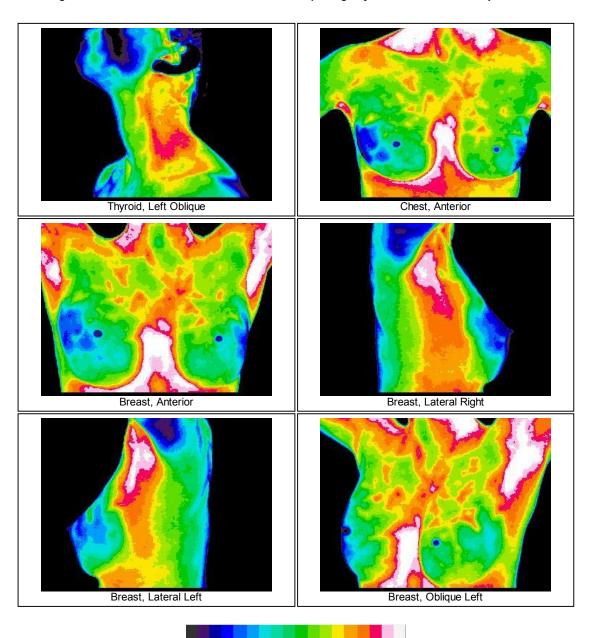
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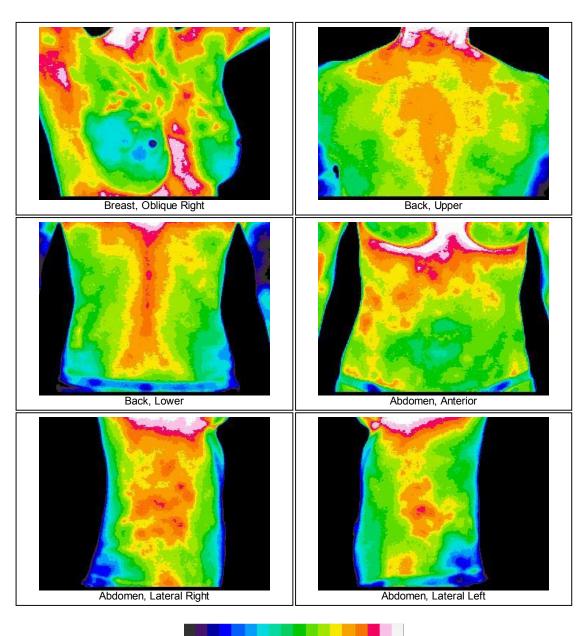
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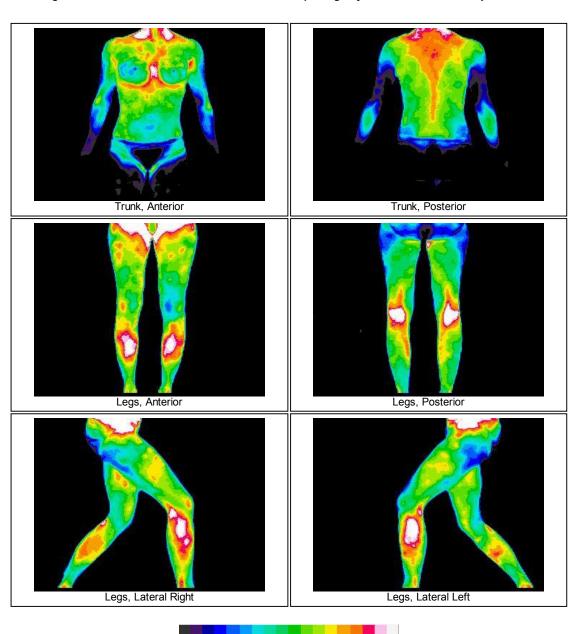
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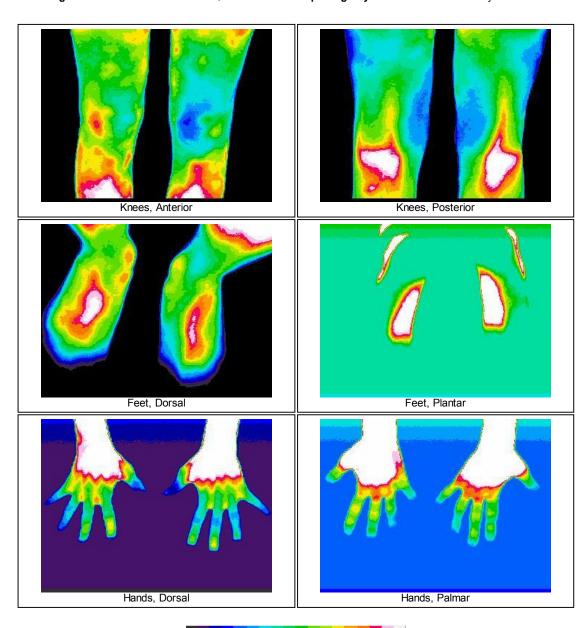
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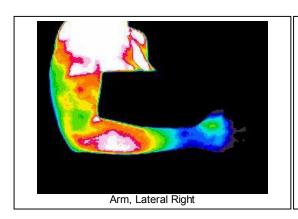
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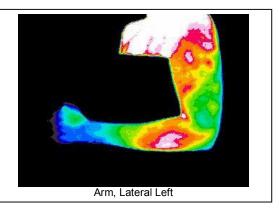
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8 of 8